



Town of Braintree

Department of Elder Affairs

71 Cleveland Avenue, Braintree, MA 02184

"We are your link between needs and services"

Mayor Joseph C. Sullivan

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William Murphy, Custodian
Stephen Donovan, Van Driver

PHONE: 781 848-1963 FAX: 781 848-2835



FATHER'S DAY - COFFEE HOUR & LECTURE

"SACCO - VANZETTI REVISITED"

JUNE 19, 2012 - (9:30 a.m.)

For **Father's Day** we thought we would try something different to interest the **men** in our community. We will present a one-hour slide show which closely examines the controversy which surrounds the case of **Sacco & Vanzetti**. Under the accusations of robbery and murder the two Italian immigrants were tried, convicted and executed. Were they guilty of murder or were they executed because they were Italians and anarchists? This will be a very interesting, educational presentation by Christopher Daley. Mr. Daley teaches history, has written many articles/publications on local history and has lectured all over Massachusetts.

Come at 9:30 a.m. enjoy coffee/pastry and some fresh fruit.... then sit back and enjoy the slide show which will start at 10:00 a.m. This program is open to both men & women!

Please call 781-848-1963 to reserve a spot!



Summer Cruise Trip
Rhode Island Bay Cruise & Luncheon
July 26, 2012
\$62.00/ticket



Our summer **Lighthouse Cruise** is sure to be a winner! First, it's off to an early lunch at the **Quonset 'O' Club** in North Kingstown, Rhode Island. Quonset 'O' Club is located in a country setting with beautiful gardens overlooking a golf course & Narragansett Bay. You will have a choice of New England baked scrod or chicken cutlet with lemon (a complete luncheon with dessert & coffee/tea). This should be a wonderful stop for lunch!

After lunch you are off to a **Newport Lighthouse Cruise**. You will have a 90 minute narrated cruise aboard the largest, most luxurious sightseeing catamaran in all of New England.... **"The Millennium"**. This high speed Catamaran has three viewing levels, outside sundeck seating, climate controlled interior seating & full service gallery. Your cruise will include 10 Lighthouses, 10 Islands, Jamestown & Newport Bridges & over 60 miles of coastline with breathtaking waterfront scenery, mansions and million dollar homes. You will be provided with historical facts & folklore throughout the entire cruise. What a great way to spend a summer day!

Sign up: Before June 11th ticket drawing at 10 a.m. (Braintree residents only) *You will be called to pick up tickets!*

*U.S. Disabilities Act of 1990—Town of Braintree—A handicapped-accessible coach bus may be made available upon receipt of notice.

BLOOD PRESSURE CLINICS (free)



June 12, (Tuesday) Senior Center 10-11 a.m.
(This B.P. Clinic by our Braintree Town Nurse)

June 29, (Friday) Senior Center 10:30-12 p.m.
(This B.P. Clinic by Home Instead Care)

SHOPPING SHUTTLE SCHEDULE



Reservations must be made at least **48** hours in advance by calling: **781-848-1963**

Pick-up time is from: **9:30 to 10:00 a.m.**

Return time is from: **11:30 to 12:00 p.m.**

June 5 & 7 Stop & Shop/Grove Street

June 12 & 14 Shaws/Pearl Street

June 19 & 21 Stop & Shop/Grove Street

June 26 & 28 Shaws/Pearl Street

NEW.....

Special Van Trip every Friday (call for reservations)
Library Bound! Pick up at 11 a.m. return 12:30 p.m.

BRAINTREE MEETINGS



June NO LOW Vision Group Meeting
No Meeting in June - next meeting July 3rd

June 13, TRIAD Meeting at 10:30 a.m.
Meeting at Senior Center - open to public.

June 15, Braintree Elder Affairs Board Meeting at 2 pm
Meeting at Senior Center - open to public.

June 19, AARP Chapter #4042 Meeting at 1:00 p.m.
Braintree DAV Hall - 788 Liberty Street/Braintree Luncheon catered by Fasano's & Entertainment by Tony Funches former lead singer of the Platters. Tickets \$25.- please call 781-843-8885.

June 26, Alzheimer's Support Evening Meeting - 5 pm
Meeting at Senior Center, speaker & light supper. See article in newsletter & call to sign up please!

June 28, COA Associates Annual Meeting at 2 p.m.
Meeting at Senior Center - open to public.

Library Bound!

Starting in June 2012 we will be offering a new service called **Library Bound!**

We want to give our seniors the opportunity to visit the town library on a regular basis. We will provide a trip to Thayer Library on Fridays at 11 am. The return trip home will be at 12:30 pm.

We hope that this service will enable people to browse and explore the many delights that the library contains.

Please call us to schedule a **Library Bound!** van ride: **781-848-1963**



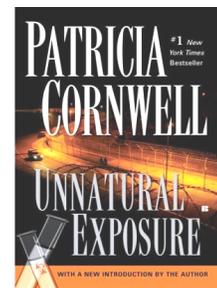
Thayer Library/Braintree

For your information.....

Our Book Club will meet this month on Thursday, June 28, 2012. Come join us!!!

This is a great group for those who enjoy reading a variety of interesting books. We order the books from our library so there is no charge for you each month.

Our book for the month of June is:
Unnatural Exposure by Patricia Cornwell



A psychopath with an intimate knowledge of death has an even more intimate knowledge of Kay Scarpetta-and many different plans to kill her.

Braintree Department of Elder Affairs

"Special" Activities"

(Please call 781-848-1963 for more information)

- June 1, Library Bound! New Program at 11 a.m.**
New program every Friday van trips to Library.
See article in newsletter & call for van ride.
- June 4, "Are you OK?" Program at 11 a.m.**
See newsletter article & call to sign up
- June 5, SHINE Insurance Help, Tuesdays at 10 a.m.**
Help with insurance problems by appointment.
- June 5, Supper Club at: Inn at Bay Pointe/Quincy**
& 19 Supper Club at: Uno's Rest./Braintree
Please call Senior Center for van reservations
to enjoy this early social supper from 3 - 6 p.m.
- June 7, Bingo at Senior Center 1 p.m.**
& 20,
Bingo & Refreshments all for only \$4.00 to play
- June 8 Live Band Practice at 1 p.m.**
& 29
Come sing, dance & enjoy this great music!
- June 11, Belles & Beaux Musical Show!**
Music at 1 p.m. & cake/ice cream. Open to all!
- June 12, Seminar/Luncheon by Keller Williams**
See newsletter article and call to sign up (noon)
- June 13, TRIAD Meeting at Senior Center 10:30 am**
Open to all seniors - come to this important meeting on safety!
- June 18, Senior Luncheon at 12 noon \$5/pp**
See newsletter article & come pick up a ticket.
- June 19, Father's Day Celebration at 9:30 a.m.**
See newsletter article and call to sign up.
- June 20, New Grief Support Group - 8 weeks**
See newsletter article & please call to sign up!
- June 22, TRIAD Annual Cookout at Senior Center**
See newsletter article and call to sign up
- June 26, Alzheimer's Support Meeting at 5 p.m.**
Meeting & Speakers—Please call to sign up.

Braintree Department of Elder Affairs Senior Luncheon June 18, 2012 \$5.00/ticket

Our senior luncheons have been a great success and the meals have been delicious.

Our next luncheon will be held on Monday, June 18, 2012 at noon.

The menu will include: Salad, meatloaf, baked potato, peas and ice cream for dessert. Sounds good - come enjoy!

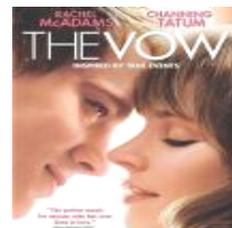
Stop by the Senior Center and pick-up a \$5.00 ticket, after the first of June, for this luncheon. Come early we sell out fast!



SENIOR CENTER MOVIE DAY June 27, 2012 12 noon

Movie: "The Vow" (pg 13)

Coffee/pastry/popcorn served. Come earlier if you want to bring lunch....the movie starts at 12 noon!



Paige and Leo are a happy newlywed couple whose lives are changed by a car accident that puts Paige in a coma. Waking up with severe memory loss, Paige has no memory of Leo, a confusing relationship with her parents, and an ex-fiancé she may still have feelings for. Despite these complications, Leo endeavors to win her heart again and rebuild their marriage.

Message from the Director.....

Allow me to take this opportunity to convey my heart felt thanks to the extraordinary men and women who spend many hours volunteering their time at the Braintree Department of Elder Affairs. We, the staff at Elder Affairs, sincerely strive to offer the senior citizens living in our town with information, services and programs which enriches their lives and helps them remain happy, healthy and independent. But nothing could be achieved without you, our **volunteers!** From serving coffee in our kitchen to providing information on health insurance, you do make a difference. It has been my pleasure to work with you, and I salute each and every one of you. You complete us and oh yes, you make us look good. Everyone's time is valuable and we thank you for sharing it with us. I also want to take this moment to thank our Coordinator of Volunteers and Activities, Sandra Young. Sandy goes above and beyond her job responsibilities to do an impeccable job. Sandy, you deserve a special thanks, could not have done it without you. **Keep smiling!**



Sharmila



**"ARE YOU OK?"
Norfolk County Sheriff
Michael G. Bellotti's Office
in conjunction with
Fallon Ambulance Service
Monday, June 4, 2012 at 11 a.m.**

"Are You OK?" is a FREE daily telephone program that checks on the well-being of the senior citizens or people with disabilities.

You will receive a daily call to ask, "Are You OK?". This program allows you the comfort and security needed to maintain personal independence and give you peace of mind.

Come to hear more about this innovating program on Monday, June 4, 2012 at the **Braintree Dept. of Elder Affairs Senior Center at 11 a.m.**

Speaker **Deputy Sheriff Cheryl Bambery** will be available to answer your questions.

Please call the Senior Center to sign up: **781-848-1963**



OUR THANKS TO BRAINTREE DEPT. OF ELDER AFFAIRS....From the AARP/IRS Tax Preparers:

Without the cooperation and dedication of the Director, Sharmila Biswas, & all the personnel of the Braintree Dept. of Elder Affairs, we could not have a **AARP TAX Program.**

The Department supplies office space, internet access, computers, printers, paper, telephone and copy machine with a lot of help from the entire staff.

Tax appointments are taken with great patience, information is sent to each client & they are called to confirm their appointment. Taxes are done from February right through April at the Senior Center.

The Volunteer tax preparers have had to take, and pass, the annual preparatory IRS/AARP course during the previous fall and January. Tax information is entered into dedicated IRS and Mass. Dept. of Revenue internet sites directly from the computer, is printed out and given to the tax- payer. All material is confidential and no information is retained by the preparer or the Center.

We, the preparers, rely on Sharmila, Terry, Janet and the entire staff - we appreciate their patience and expertise....Thank You!!

**Jack Callaghan
Jean Plant
John Thompson**

**Catherine Munroe
Pritam Singh
Marjorie Sullivan**

From the desk of Mary Cirignano, Chairperson.....

Wishing all **MEN** a Happy Father's Day!

The Male Point System, In the world of romance, one single rule applies....Make the woman happy.

Do something she likes, and you get points.

Do something she dislikes, and points are subtracted.

ARE YOU READY TO ANSWER THE MALE POINT SYSTEM?

Simple Duties:

You make the bed (+1)

You make the bed, but forget to add the decorative pillows (0)

You throw the bedspread over rumpled sheets (-1)

You leave the toilet seat up (-5)

You replace the toilet-paper roll when it's empty (+2)

When the toilet-paper roll is barren, you resort to Kleenex (-1)

When the Kleenex runs out you shuffle slowly to the next bathroom (-2)

You check out a suspicious noise at night (+1)

You check out a suspicious noise and it's nothing (0)

You check out a suspicious noise and it's something (+5)

You pummel it with a six iron (+10)

It's her father (-20)

Her Birthday:

You take her out to dinner (0)

You take her out to dinner and it's not a sports bar (+1)

Okay, it is a sports bar (-2)

And it's all-you-can-eat night (-3)

It's a sports bar, it's all-you-can-eat night, and your face is painted the colors of your favorite team (-10)

A Night Out:

You take her to a movie (+2)

You take her to a movie she likes (+4)

You take her to a movie you hate (+6)

You take her to a movie you like (-2)



Communication:

When she wants to talk about a problem, you listen, displaying what looks like a concerned expression (+1)

When she wants to talk, you listen, for over 30 minutes (+5)

You listen for more than 30 minutes without looking at the TV (+10)

She realizes this is because you've fallen asleep (-20)

WELL! How did you score on the Point System

*******LIVE BAND AT SENIOR CENTER on
June 8th and June 29th. Come sing, dance
& just have some fun!! Open to everyone!!!**

**Braintree Dept. of Elder Affairs
Informational Seminar
“Are You Thinking of Moving”**

By

Ms. Melissa Garlisi, Realtor, CBR

Keller Williams Realty

June 12th

12:00 - 1:30 p.m.

(light lunch provided)



If you are like most homeowners, just the mere thought of moving to a new home or apartment can be overwhelming. The first step in the process is to get sound professional advice you can trust. If you are considering down-sizing, right-sizing, or relocating, this session will help you to understand the "how," of your possible move. This session will address most frequently asked questions;

Is now a good time to sell my home?

Why did my neighbor's property not sell?

How can I get my home sold when my neighbor's home remains unsold.

What do I need to do to prepare my home for sale?

How can I prepare ahead of time?

Where can I find help to move my belongings on the closing day?

Where can I move to?

What type of legal paperwork is required to sell my home?

Where are today's buyers?

How can these potential buyers afford my home?

How can I find a professional Realtor who'll know what to do and is the very best for me?

Attend this session and you'll discover why you'll feel better when you have trusted advisors to guide you thru the process. Presented by Melissa Garlisi, Realtor, of Keller Williams Realty Braintree; Bob Melone of Radius Financial Group in Norwell, and Attorney Jeffrey Formica of Creed and Formica in Walpole. We are delighted to be available to educate and serve you. Join us on **Tuesday June 12th from 12-1:30 p.m.**

Light lunch will be served, with time for Questions & Answers.

Please call to sign up: 781-848-1963

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**JUNE
2012**



Items needed for our Resale Shop: Jewelry, kitchen items, vases, pocketbooks, glassware, baskets and giftware - any items you think will sell.
All proceed benefit our many wonderful programs!!

*Please note special activities will have a write up in this newsletter about sign up requirements and any cost.
*Please call to sign up for our special monthly parties/luncheon after the first of each month!

*Please note there are \$\$ charges for our exercise programs and some special activities.
*All other activities are \$.50/each.

<p>4</p> <p>10:00 Scrabble 11:00 QiGong/Tai Chi 11:00 "Are You OK?" Program Please call to sign up! 12:00 Pool Players 12:00 Poker 12:30 Line Dancing 1:00 Trivia & Coffee</p>	<p>5</p> <p>Shopping Shuttle/S&S 9:00 S&S Bus (housing) 9:00 Chess 9:30 Computer 101A 9:30 Bocce (outdoors) 10:00 SHINE ins. help 10:00 Walking Group 10:00 Wii Bowling 10:45 Computer 101B 1:00 Bridge & Cribbage 3:00 Supper Club to: Inn at Bay Point/Quincy</p>	<p>6</p> <p>9:15 Exercise 10:00 Quilting</p> <p>No other activities today!</p> <p>Volunteer Recognition Luncheon (by invitation only)</p>	<p>7</p> <p>Shopping Shuttle/S&S 9:00 Chess 9:30 Chair Yoga 12:00 Pool Players 1:00 Art Group 1:00 Knit/Crochet 1:00 Bid Whist 1:00 BINGO (moved to today - this week only)</p> <p>***Norfolk Registry of Deeds at Town Hall today 10-12 pm (see newsletter article for info)</p>	<p>8</p> <p>9:15 Exercise 10:00 Weight Loss Support 11:00 Tai Chi Class 11:00 Library Bound (please call for van ride) 12:00 Pool Players 1:00 Women's Poker</p>
<p>11</p> <p>10:00 Trip Drawing for: July 26th Newport Cruise 10:00 Scrabble 11:00 QiGong/Tai Chi 12:00 Pool Players 12:00 Poker 12:30 Line Dancing</p> <p>1:00 Belles & Beaux Musical Entertainment (Cake provided by Royal Rehab Nursing Home)</p>	<p>12</p> <p>Shopping Shuttle/Shaws 9:00 S&S Bus (housing) 9:00 Chess 9:30 Computer 101A 9:30 Bocce (outdoors) 10:00 Blood Pressure (free) at the Senior Center 10:00 SHINE ins. help 10:00 Walking Group 10:00 Wii Bowling 10:45 Computer 101B 12:00 Legal seminar/lunch (Please call to sign up) 1:00 Bridge & Cribbage</p>	<p>13</p> <p>9:15 Exercise 9:30 Ask the Lawyer (free) by appointments 10:00 Crafts 10:00 Quilting Group 10:30 TRIAD Meeting 12:00 Pool Players 12:00 Poker 1:00 Hearing exams (by appointment only) 2:00 Tai Chi Class "Yang 24 Form"</p>	<p>14</p> <p>Shopping Shuttle/Shaws 9:00 Chess 9:30 Chair Yoga 10:00 Photography Group 12:00 Pool Players 1:00 Art Group 1:00 Knit/Crochet 1:00 Bid Whist 1:00 Eye Screenings by (free) by appointment</p>	<p>15</p> <p>9:15 Exercise 10:00 Weight Loss Support 11:00 Tai Chi Class 11:00 Library Bound (please call for van ride) 12:00 Pool Players 12:30 Ask the Lawyer (free) by appointment 1:00 Women's Poker 2:00 Braintree Dept. of Elder Affairs Board Meeting (open to public)</p>
<p>18</p>	<p>19</p> <p>Shopping Shuttle/S&S</p>	<p>20</p> <p>9:15 Exercise</p>	<p>21</p> <p>Shopping Shuttle/S&S</p>	<p>22</p> <p>9:15 Exercise</p>

<p>10:00 Scrabble 11:00 QiGong/Tai Chi 12:00 Pool Players 12:00 Poker 12:00 Senior Luncheon \$5. See article & pick up ticket! 12:30 Line Dancing 1:00 Trivia & Coffee</p>	<p>9:00 S&S Bus (housing) 9:00 Chess 9:30 Father's Day Lecture on "Sacco-Vanzetti" (call for reservations) 9:30 Computer 101A 9:30 Bocce (outdoors) 10:00 SHINE ins. help 10:00 Walking Group 10:00 Wii Bowling 10:45 Computer 101B 1:00 Bridge & Cribbage 3:00 Supper Club to: Uno's/Braintree ***AARP Meeting at 1:00 pm</p>	<p>10:00 Crafts 10:00 Quilting Group 12:00 Pool Players 12:00 Poker 1:00 BINGO Special with prizes from Royal Rehab. Nursing Home 1:00 Grief Support 8 wk Meeting. See newsletter and call to sign up please! 2:00 Tai Chi Class "Yang 24 Form"</p>	<p>9:00 Chess 9:30 Chair Yoga 12:00 Pool Players 1:00 Art Group 1:00 Knit/Crochet 1:00 Bid Whist 3:30 Wisdom Works Support group monthly meeting!</p> <p>No other Activities today!</p> <p>12:00 TRIAD COOKOUT See newsletter article (Please call to sign up!)</p>
<p>10:00 Scrabble 11:00 QiGong/Tai Chi 12:00 Pool Players 12:00 Poker 12:30 Line Dancing 1:00 Tea at Savoy Tea & pastry served on china Today we will have special entertainment by Don Sansom</p>	<p>** Plymouth Trip Today 26 Shopping Shuttle/Shaws 9:00 S&S Bus (housing) 9:00 Chess 9:30 Computer 101A 9:30 Bocce (outdoors) 10:00 SHINE ins. help 10:00 Walking Group 10:00 Wii Bowling 10:45 Computer 101B 11:00 Red Hat Meeting 1:00 Bridge & Cribbage 1:00 Ask the Lawyer (by appointment only) 5:00 Alzheimers meeting with speaker & light supper: Please call for spot!</p>	<p>27 9:15 Exercise 10:00 Crafts 10:00 Quilting Group 12:00 Pool Players 12:00 Poker 12:00 Movie Day Movie: "The Vow" 1:00 Grief Support Meeting - Week #2 2:00 Tai Chi Class "Yang 24 Form"</p>	<p>28 Shopping Shuttle/Shaws 9:00 Chess 9:30 Chair Yoga 10:00 Photography Group 11:00 Book Club Meeting Book: "Unnatural Exposure" (by: Patricia Cornwall) 12:00 Pool Players 1:00 Art Group 1:00 Knit/Crochet 1:00 Bid Whist 2:00 COA Associates Meeting</p>
<p>9:15 Exercise 10:00 Weight Loss Support 10:30 Blood Pressure at Senior Center (free) 11:00 Tai Chi Class 11:00 Library Bound (please call for van ride) 12:00 Pool Players 1:00 Women's Poker 1:00 Live Band Today Come have some fun!</p>	<p>29</p>		



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From the Outreach Department.....

We have several seminars and new programs for the month of June offered to our seniors. We hope we have found relevant topics that will keep you informed and offer you helpful services.

Beginning in June 2012, every Friday we will offer a new service called **Library Bound**. At 11 AM our van will provide a trip to Braintree's Thayer Library with a return trip at 12:30 PM. This will give you time to thoroughly explore the books, music, movies, audio books, magazines, and reference materials held at the library. We also offer a program called **Library Express** for seniors who are homebound in which library volunteers deliver materials to you at home. This is only for those seniors unable to get out on their own. For Library Express, please call the Outreach office and we will come to your home to sign you up and fill out request forms.

Then on Monday June 4th at 11 AM, Deputy Sheriff Cheryl Bambery from the Norfolk County Sheriff's Office will be here to discuss TRIAD's program **Are You OK?** She will describe their free telephone service that provides security to help maintain independence. A computerized daily check-in call helps caregivers know that you are OK. It can also notify caregivers or emergency personnel if you need help.

On June 12th at 12 noon, Melissa Garlisi, a realtor from Keller and Williams Realty will be here to discuss **"Are you thinking of moving?"** She will also have partners with her that specialize in real estate law to answer your questions.

And, on Friday June 29th **Home Instead Senior Care**, will provide a blood pressure clinic at 10:30 to 11:30 here at the Department of Elder Affairs.

So this is quite a variety of offerings. We hope you will find some of them of interest. Please call the Center and sign up at **781 848-1963**.

Braintree Department of Elder Affairs

&

Beacon Hospice

Present.....

"Coping with the Loss of a Spouse/Partner"

Grief Support Group and Educational Series

June 20, 2012 (8 week program)



Are you experiencing grief due to the death of a spouse or life partner? This support group will offer a safe and supportive place for you to share your experience of grief with others and move toward healing and hope in a confidential and supportive environment.

We will be holding this Support Group at the Braintree Senior Center, 71 Cleveland Avenue/Braintree beginning on Wednesday, June 20, 2012 and will continue each Wednesday for **8 weeks**. The meeting will be held at 1:00 - 2:30 p.m.

**This Grief Support Group is FREE of charge
All are welcome!**

Pre-registration is required!

**For more information and to pre-register, please call:
Scott A. Ciosek, M.Div., Beacon Hospice at 508-747-2222**

Educational Town Information

From the Health Department....

June is National Safety Month

Falls at home are preventable and as we age, the risk of falling at home increases. An easy program of exercises to improve flexibility as well as increase strength and balance, combined with simple changes in the home can result in significant improvement in fall concerns. Home modifications are low cost and effective measures that impact safety at home.

In the bedroom keep a lamp and phone on your bedside, sleep on a bed that is easy to get out of and install a night light in case there is a need to get up at night.

In the living area arrange furniture to provide clear pathways, avoid area rugs (or use self adhesive tape to secure in place), keep electrical and telephone cords out of the way and have furniture that is easy to get in and out of.

In the bathroom install grab bars and use only non slip mats.

In the kitchen store food within easy reach, clean up spills immediately and if a step stool is needed use only one with a bar to hold on to. If your home has stairs install railings on both sides, leave nothing on the steps and replace any loose carpet with non slip rubber treads.

Simply **walking 30 minutes a day** coupled with "fall-proofing" the home are great starts to preventing injury.

Accidents hurt, safety doesn't.

TRIAD COOKOUT
June 22, 2012 (Friday)
12 noon



Braintree Senior Center

Come join TRIAD for their Annual Cookout being held this year at the Braintree Senior Center on June 22nd at noon. Enjoy hot dogs, hamburgers and some great TRIAD demonstrations.

Please call for reservations: 781-848-1963
Space is limited to Braintree Seniors only!!

RAIN OR SHINE

+++++

Norfolk County
Registry of Deeds
William P. O'Donnell, Register

Braintree Office Hours
Thursday, June 7, 2012
10:00 AM – 12:00 Noon
Town Hall - Johnson Chambers
1 John F. Kennedy Memorial Dr.

The Register and members of his staff will be available to help answer questions or concerns about any Registry of Deeds matter. Information will be available concerning the Massachusetts Homestead Act. An internet ready computer terminal will be on hand to print a Registry recorded deed, confirm the status of a mortgage discharge or check on any other filing.

No appointment is needed.
Call the Registry for further information at
781-461-6104/6143
Or visit the Registry's website on the internet at
www.norfolkdeeds.org

Braintree Department of Elder Affairs.....Newsletters are available at the Senior Center, Town Hall, Library, Banks, Supermarkets, Pharmacies, Churches, Stores and some Medical Facilities. Call the Senior Center at (781) 848-1963 for a location near you and any information you may need. The Braintree Dept. of Elder Affairs *gratefully* accepts donations & thanks all who have donated to our great programs!

Thank you to Dalton Water/Braintree for their very generous donation of spring water each month at the Senior Center!



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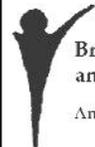
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Dear Friends,

After such a mild winter and beautiful spring, we are all anticipating a nice summer with temperate weather and lots of great activities at the senior center.

Hopefully, you had the opportunity to attend our Annual Meeting, which was held on Friday, May 18th. We enjoyed the camaraderie of our membership over a nice luncheon.

Our officers were elected: Jack Ryan, President; Ginny Polio, Vice President; Elsie LeVangie, Treasurer; and, as Secretary Pro Tem, Veronica Eranio. Ronnie has agreed to hang in there for a few more meetings, but she is really hoping that someone else will step up to the plate to serve as Secretary for this coming year. She has done a wonderful job, taking notes of the monthly meetings and submitting them as the minutes for approval. Thank you, Ronnie. You're the best!

As you were reminded at the Annual Meeting, our monthly meetings are open to all members. We would really like to have more of you in attendance, providing input on all of our activities. We are open to suggestions for future fund-raisers and welcome your ideas on all matters affecting "***The Friends***".

Mark your calendars for the fourth Thursday of each month and plan on spending an hour with us at the senior center at 2:00 p.m. Our meetings are lively, fun, and (best of all) brief.

Enjoy!
The Friends

