

# Red Ribbon Week

October 23rd – 31<sup>st</sup>

## Parent Pledge

### I will:

- *Talk to my children about the dangers of drug use*
- *Set clear rules for my children about not using drugs*
- *Set a good example for my children by not using illegal drugs or medicine without a prescription, or misusing prescription drugs*
- *Monitor my children's behavior and enforce appropriate consequences, so that family rules are respected*
- *Encourage family and friends to follow the same guidelines to keep my children safe from substance use*

### I pledge to:

- *set guidelines to help my children grow up safe, healthy, and drug free*

Signature \_\_\_\_\_

Date \_\_\_\_\_

